



ROTARY CREATES ENVIRONMENT OF PEACE

Every day mothers risk their lives giving birth and millions of children die each year from treatable, preventable causes. At least/ million children under the age of five die each year due to malnutrition, poor health care and inadequate sanitation. To help reduce this rate, Rotary provides immunizations and antibiotics to babies, improves access to essential medical services, and supports trained health care providers for mothers and their children. Rotary's projects ensure sustainability by empowering the local community to take ownership of health care training programs.

UPCOMING EVENT OF THE APRIL MONTH

15th April : Annapurna Project 10

25th April : Potluck party

April is Maternal and Child Health Month



"Rotary members around the world improve access to essential medical services and support trained health care providers for mothers and children. Get involved with Rotary to improve health in developing communities."

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PROJECT HIGHLIGHTS

- 10th March - Free Calcium Check-up Camp
- 12th March - World Down Syndrome Day Celebration
- 15th March - 19th BLS Workshop
- 16th March - ASMITA PROJECT - 3
- 18th March - Healthy Baby Check-up Camp
- 31st March - Annapurna Project 9

PROJECT HIGHLIGHTS

10th March - Free Calcium Check-up Camp

Ann. Dr. Manisha Marfatia planned a novel way to celebrate the International Women's Day by organizing a Free Bone Density Check-up Camp at **Swagat Hospital**. She also trained her fellow Rotarians and Anns and other ladies from different walks of life to self-examine their breasts and prevent themselves from any impending dangers. She also delivered a lecture on the topic **Cancer in Women** for better understanding and guidance to take preventive measures. It was an informative and resourceful session. Our sincerest gratitude to Dr. Manisha and her team!

12th March - World Down Syndrome Day Celebration

Surat Pediatric Association Charitable Trust in association with Rotary Riverside Surat Club organized a Mega Multi speciality Health Check-up Camp to celebrate World Down Syndrome Day at Ashutosh Hospital. Dr. Prashant Kariya and his team examined more than 50 children as a part of this initiative. The children benefited immensely from this camp. The staff of Ashutosh Hospital deserves much appreciation to enable a seamless execution of this effort.

15th March - BLS Workshop-19

You don't need to be a doctor to save lives. Learn CPR, save lives and be a superhero.

As a part of mass awareness, life saving techniques were demonstrated and taught in the **BLS Workshop** on 15 March. This is the **19th CPR** session of the year 2023, under the expertise of Dr. Prashant Kariya and Dr. Salim Hirani.

Dr. Kariya and his team of other doctors indeed deserve loads of appreciation for so many CPR sessions done till now, as good deeds done selflessly are a rarity these days. And so we thank you from the bottom of our hearts.

16th March - Asmita Project - 3

In continuation of the initiative taken by RSR in the month of February, to empower a girl child, project **ASMITA** was conducted from 3 to 16 March. It is an ongoing project and this time 120 girls were catered to with the informative booklets and were screened for Anaemia using a Hemometer. They were also provided with Iron supplements to fight back Anaemia.

The project was successfully executed by PP Dr. Prashant Kariya and his team, under the leadership of the President. Thanks to the Rotarians who spared their valuable time for this project.

18th March - Healthy Baby Check-up Camp

The Learning Nest in association with **Param NICU & Children Hospital** organized a Toddlers' Health Check-up Camp at **The Learning Nest** owned by Ann. Mohini Desai with PP Pediatrician Dr. Prashant Kariya. The camp was organized for the parents of the toddlers for a free health check-up, a place where they could gain apt and authentic expert guidance on how to raise a healthy baby. The camp focused on the proper growth of an infant keeping in mind the height and weight ratio that is to be maintained and monitored, other physical developmental milestone, over all hygiene and health check-ups and how to seek an expert's guidance. The discussion session was conducted with parents of 25 children. Thanks to Dr. Kariya, Ann. Mohini Desai and Team WOW for this unique opportunity!

31st March - Annapurna Project 9

Project Annapurna 9 was organized on 31 March at the club adopted Segvachhama Primary School. It was overwhelming to witness the joy that reflected on the innocent faces of the children who were being offered juices of their favourite flavor, wafers and grapes. This happiness was being offered by Rtn. Tejashree Mehta, Rtn. Jaina Gajiwala and a non-Rotarian friend Ms. Sunita Bajaj. Kudos to another effort of Annapurna!

Free Calcium Check-up Camp



World Down Syndrome Day Celebration





BLS Workshop-19



Asmita Project - 3



Healthy Baby Check-up Camp



Annapurna Project 9



FELLOWSHIP HIGHLIGHTS

8th March - Womens Day Celebration
25th March - Punjabi Night

FELLOWSHIP HIGHLIGHTS

8th March - Womens Day Celebration

International Women's Day (IWD) is globally celebrated on March 8 as a focal point in the women's rights movement, bringing attention to issues such as gender inequality, lack of reproductive rights, and violence and abuse against women.

To commemorate this day, the lady Rotarians and the Anns of RSR had a fellowship meet at Ann. Maya Lekhadia's residence. Fun loving and interesting games were being played amidst loads of laughter, fun and frolic. The high tea party was hosted by Rtn. Perna Grover and Ann. Maya Lekhadia. A heartfelt gratitude to them!

25th March - Punjabi Night

As a fellowship meet for the month of March, a **Punjabi Night** was organized at **1990 By Crazy Bite**. The RSRians were seen dressed in traditional Punjabi costume and dancing to the tunes of *Bhangra*. The beats of the Punjabi *dhol* reverberated in the air and the aroma of delicious Punjabi food filled the surrounding. PP Rtn. Rashika Bhardwaj and PP Rtn. Ajay Bhardwaj added flavor to this meet by organizing some amazing and fun-filled games. IPP Rtn. Rajesh Mehta and PP Rtn. Raju Mehta sponsored this extravagant event. The fellowship event organizers too did a wonderful job by creating the ambience of Punjab in the Sun city Surat.

Womens Day Celebration





Punjabi Night



Proud Moment



Rtn. Mdyen Lokhandwala has brought accolades to our club and made us proud by winning the Runner-up title in two events in the District Sports Meet held for the Rotarians at Valsad on 4 & 5 March . He clinched the Runner-up title for both Table Tennis Singles and Table Tennis Doubles events. It gives us immense pleasure to see one of

our members display his prowess in sports and we expect more such sportsmen participating in the coming years. Kudos to Rtn. Myden Lokhandwala on his achievement!

Public image in Newspaper

ધબકાર સમાચાર તા.20/3/23

કવિ ઉશનસ પ્રાથમિક શાળામાં છાત્રાઓનું હિમોગ્લોબિન ચેક કરાવું



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QUIZ

- 1) What is April month at Rotary defined as?
- 2) How was Women's Day celebrated at RSR?
- 3) What was the proud moment for RSR in the month of March?
- 4) What is the Designation (in the current board) of the Rotarian of the month?
- 5) Who was the Rotarian who supported the man in the motivational story? Also name the person on whom the story is based.
- 6) Where is the next District Conference going to be held and when?
- 7) Who is the DG for the year 23-24?



Birthday & Anniversary of April

Birthday

5 th April	Hon. Sec. Rtn. Nirupa Patel
10 th April	PP Rtn. Anand Acharya
11 th April	Rtn. Pranav Lineswala
23 rd April	Rtn. Dr. Mansi Shah
26 th April	Spouse Pragnesh Jariwala
27 th April	Annet Samvit Singh

Anniversary

26 th April	Rtn. Ashutosh Thakkar
29 th April	Rtn. Mukund Kosambia

"A wish for you on your birthday, whatever you ask may you receive, whatever you seek may you find, whatever you wish may it be fulfilled on your birthday and always."

Happy birthday!

“Rotary opens opportunities for you to live a richer more meaningful life, with friends around the world, based on our core values.”

Rotary Women / Men of the Month.

Club Executive Secretary Rtn. Tejashree Mehta.



She is a WOMAN, a meticulous one, a fun loving individual, a power house of energy, a wife, a mother but most importantly a diligent Rotarian. She is one among the others who is an integral part of the Club Service Projects carried out every month. She lends her heart and soul to the club and extends herself beyond call for Community Services. She is popularly known for her prompt and punctual secretarial reports. She is none other than our Club Executive Secretary Rtn. Tejashree Mehta.





“Motivational Story ”

Coffee for a Cause

An Success story of the man who runs a café by HIV+ men and women to eradicate negative thoughts about them.

Coffee for a Cause

That Café is run by HIV+ youngsters is the best thing about it. It works for a social cause that helps in eradicating negative feelings and thoughts about these warriors. There are still sections of society that look down on these people and isolate them, but this kind-hearted person started this café to put an end to this. Let's take you through the journey of the café and what motivated him to go about with it.

Café Positive – Introduction

It is a café that is one of its kind that is tucked away in a tiny garage in Jodhpur Park in Kolkata. The unique thing about the café is that it is run by a team of HIV+ teenagers, both men, and women. It is the dream come true of 11 HIV+ teenagers. The brain behind Café Positive, came into their lives as their guardian angel and savior by leading the path of bringing happiness into their lives and work towards eradicating negative thoughts about these HIV+ people.

Founder's Background

Being a social worker, founder of Café Positive, and a guardian angel of these teenagers had a word with the Ministry of Human Resources Development and the UN putting forward his idea. After volunteering with organizations like UNICEF and UN, he established Organization for Friends and Energies and Resources called OFFER, in the year 1986. It is a non-governmental organization that provides healthcare, education, and shelter facilities to underprivileged children and youngsters who are affected by HIV/AIDS. When these children turn 18, they are trained to be efficient employees of the café.

The Struggle

As always, the beginning is never a cakewalk rather it is filled with hardships, and once one overcomes that, he or she is halfway there, close to success. He ran from one door to another to find a suitable place for setting up the cafe. The moment he mentioned the HIV+ teenagers who would be running it, the owners slammed the door in his face. In some places even if they said that they were okay with it, they said that their family and neighbors wouldn't approve of it and would be displeased. None of them cooperated or were appreciative of this initiative.

The success story

After six months of place hunting and facing rejections there came a day when he finally found a small area to start with the café. Indrajyoti Dasgupta, an honorary member of the Rotary Club of Kolkata offered his garage area when he found out that these teenagers have been looking for a decent and appropriate place to set up their café for more than six months.

Initially, he was a bit skeptical about giving his garage space as it was comparatively smaller in size than what they were looking for. After finding out for how long they were looking for a place he gave it to them and told them that they can make their beginning from there and then spread their wings with time.



“Motivational Story ”

A little more about Café Positive

This unique café has hosted Bengal's most loved cricketer and former captain, Sourav Ganguly as well as the current Indian captain Virat Kohli. Café Positive has celebrated various events like birthdays, anniversaries, marriages, and book launches.

He believes that when people drink coffee and eat the food prepared by the HIV+ teenagers they help him show the world that HIV is nothing but age-old misconceptions. HIV+ people are no different than other human beings they are just as human as us. In the last few years, it has been accepted by everyone but it has been a success ever since its inception.

Café Positive has been featured on the pages of the Washington Post, New York Times, and several other national newspapers. Their inspiring and unique story has also been covered by BBC and CNN. The tagline of Café Positive mentioned in their menu card reads, “Coffee for a cause.”

“ Titbits of Life ”

Women: Strength, Grace, Love

Women are the heartbeat of life, the embodiment of strength and grace. They are the nurturers, the healers, the warriors, the ones who bring life into the world and raise it up with love.

A woman's love is like no other, it is fierce and unwavering, it knows no bounds and can withstand any storm. She carries the weight of the world on her shoulders with a smile on her face and a song in her heart.

She is the glue that holds families together, the rock that friends can lean on, the beacon of hope in times of darkness. Her touch is healing, her words are soothing, and her presence is a gift.

A woman's worth cannot be measured by material possessions, her beauty cannot be captured by a mere photograph. She is a force of nature, a symbol of hope, and a pillar of strength.

Women are the backbone of society, the driving force behind progress, and the beating heart of humanity. They are the embodiment of love, the source of life, and the light in the darkness.

Rtn. Kishan Desai



Proud Moment

Rtn. Ankur & Ann. Dr. Manisha Marfatia - President Elect 23-24

Rtn. Kapil Arora - Secretary year 23-24



Congratulation



INDORE

Rotary District 3060

Anand

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54th DISTRICT CONFERENCE

JANUARY 5-6-7, 2024

Venue: SHERATON GRAND PALACE
Omase City 1, Mayakshi Bypass Road, Indore - 452 018, MP

TEAM ANANDOTSAV

Rtn. IPDG. Santosh Pradhan Counsellor	Rtn. Kirit Varma Chairman	Rtn. Dhaval Shah Co-chairman	Dr. Hemant Antani Co-convenor
Rtn. Hemant Patel Advisor	Rtn. Hemant Kashikar Secretary	Rtn. Anup Shah Treasurer	Rtn. Bhavik Patel Joint - Treasurer

CONFERENCE CO-HOSTS

- 01 ROTARY CLUB OF ANAND MILKCITY
- 02 ROTARY CLUB OF CAMBAY
- 03 ROTARY CLUB OF SURENDRANAGAR
- 04 ROTARY CLUB OF DONDIACHA SR.
- 05 ROTARY CLUB OF RAJKOT GREATER
- 06 ROTARY CLUB OF SURAT
- 07 ROTARY CLUB OF SARIGAM
- 08 ROTARY CLUB OF SHINDAKHEDA
- 09 ROTARY CLUB OF VADODARA ONE
- 10 ROTARY CLUB OF BHAVNAGAR ROYAL

FOR REGISTRATION, CONTACT:

Rtn. Dr. Soham Dholakia Registration Chairman +91 989 825 8040 E-mail: rocartanandotsav@gmail.com	Rtn. Hemang Shah Registration Co-chairman +91 886 602 3009
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INDORE

**District Conference
2023-24
at
Indore.**



Congratulation

Team 23-24



Rtn. Ankur Marfatia
President



Rtn. Kapil Arora
Secretary



Rtn. Charulata Vashi
Treasurer



IPP Rtn. Ritu Talwar
IPP



Rtn. Tejashree Mehta
Exec Secretary



Rtn. Amita Desai
Vice President



Rtn. Nirupa Patel
Sgt at Arms



Rtn. Daksha Bhalodia
Sgt at Arms



PP Rtn. Manoj Jain
Club Learning Facilitator



PP Rtn. Rashika Bhardwaj
Membership Director



PP Rtn. Rajesh Mehta
Public Relationship
Director



Rtn. Mihir Shukla
Club Admin



PP Rtn. Prashant Kariya
Service Project Director



PP Rtn. Jugalkishor Shinglot
Rotary Foundation Director



Rtn. Rajan Talwar
International Director



Rtn. Vijay Zanzrukiya
Literacy Chair Director



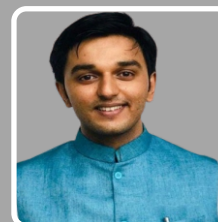
Rtn. Alpa Shah
Greetings Chair



Rtn. Emily Jacob
Greetings Chair



PP Rtn. Siddharth Shah
Spl Aide to President



Rtn. Kishan Desai
Club Bulletin



Rtn. Rinki Barman
Club Bulletin

HISTORY OF THE ROTARY BELL

In 1922, U.S. Rotarians organized an attendance contest; the challenge was that the losing clubs would join in giving the winning club a prize. The Rotary Club of New York City was declared the winner and to them was awarded as a prize a bell from a popular patrol boat, which was placed on wood that came from HMS "Victory", Admiral Nelson's vessel at the battle of Trafalgar.

Since then, the bell used in Rotary meetings started to represent, as on the ships, order, discipline and the time to guide us through the weekly hour and a half meetings. The bell informs us with its sound the beginning of the Rotary meeting, at which time people present should stand, same as at the end, in order to salute the national and Rotary flags. The gavel symbolizes the authority invested in the Rotarian elected to the highest

position in Rotary, and through him, reminds those present of his authority. When presidents transmit their positions to their successors at the end of their mandate, they give the bell their last hit turning the gavel over to their successor, symbolizing the transfer of authority.

